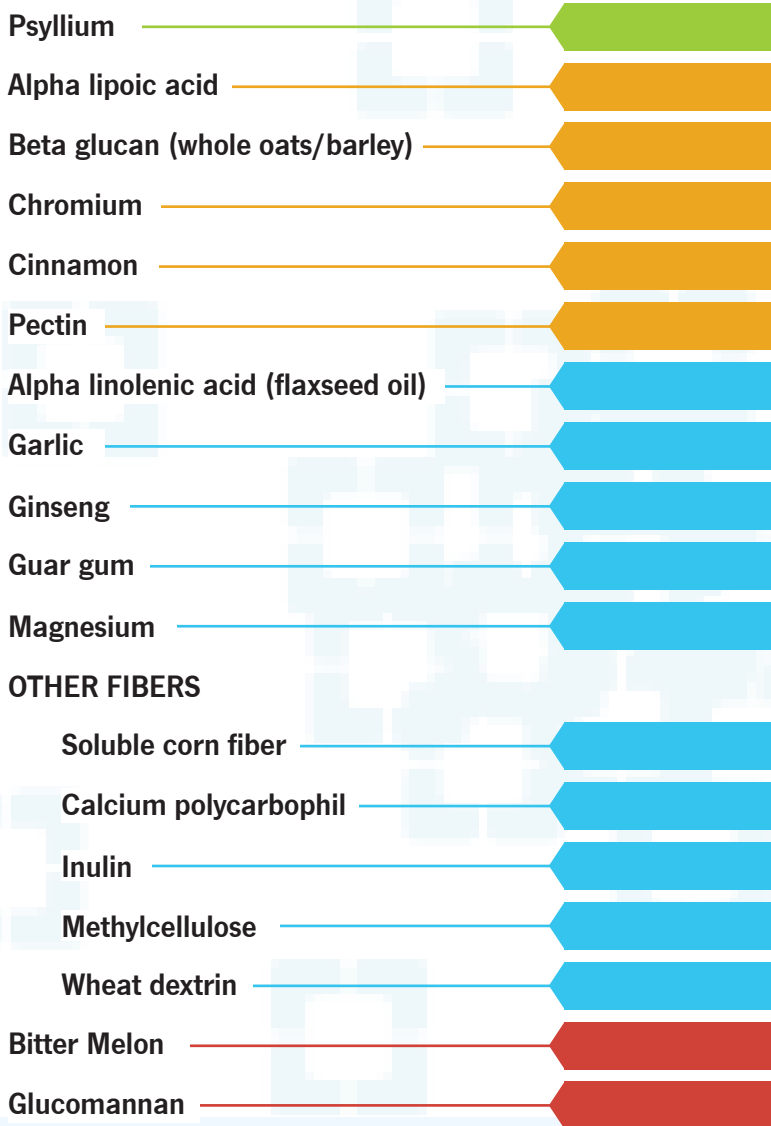


Supplements to Help Lower Blood Sugar



Recommended: Several well-designed studies in humans have shown positive benefit. Our team is confident about its therapeutic potential.

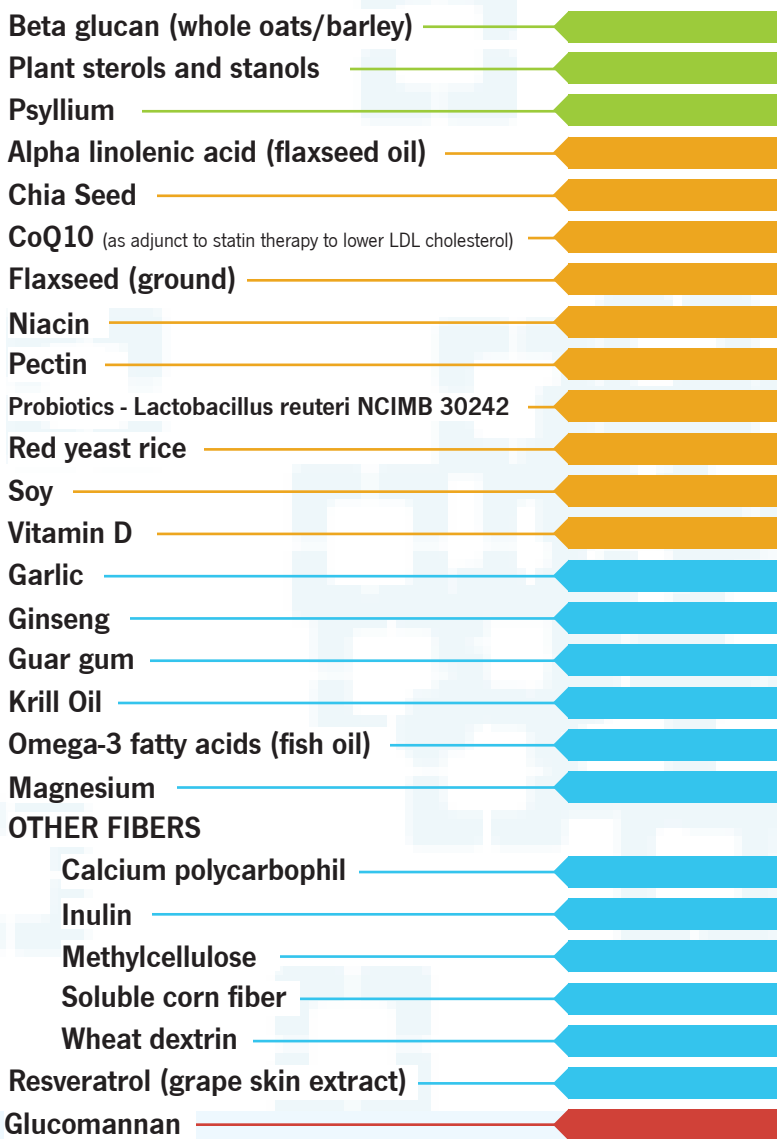
Recommended with Caution: Preliminary studies suggest some benefit. Future trials are needed before we can make a stronger recommendation.

Not Recommended - Evidence: Our team does not recommend this product because clinical trials to date suggest little or no benefit.

Not Recommended - High Risk: Our team recommends against using this product because clinical trials to date suggest substantial risk greater than the benefit.

For more detailed information, access full supplement reviews at:
www.clevelandclinicwellness.com/suppreview

Supplements to help manage total cholesterol, LDL, and HDL



Recommended: Several well-designed studies in humans have shown positive benefit. Our team is confident about its therapeutic potential.

Recommended with Caution: Preliminary studies suggest some benefit. Future trials are needed before we can make a stronger recommendation.

Not Recommended - Evidence: Our team does not recommend this product because clinical trials to date suggest little or no benefit.

Not Recommended - High Risk: Our team recommends against using this product because clinical trials to date suggest substantial risk greater than the benefit.

For more detailed information, access full supplement reviews at:
www.clevelandclinicwellness.com/suppreview